

SPIRITS MONTHLY

BRAND NEW GROUP



More and more people are discovering the joy of spirituality and there is a growing interest in holistic therapies and complementary methods of healing. A lot of people come on my Angel & Reiki spiritual healing courses all the time, and when the course ends there is a sense of sadness experienced as they realise that they won't probably meet the other course participants again. From observing this happen a number of times, and from listening to people talking at the end of the courses I run, I realised that people have an interest in being with like-minded people! Apart from doing another course there is a limited number of ways that people can meet and socialise with like-minded people and talk about the topics which they themselves admit they can't talk to most of their own families or friends about. I can relate to this, as only one of my own family is in any way interested or involved in holistic work. Fortunately over the years working in this area, I have met some amazing people and I have many wonderful holistic friends with whom I share my interest in all things spiritual! But not everyone is so lucky!

I think that it is about time to change that, and what I am offering you here in this newsletter today is the opportunity to join a brand new spiritual group that I am hosting and it starts this month. We will meet monthly and spend time talking, debating, learning, reading, dancing, and exploring wonderful activities all related in some way to our shared Spiritual Interest!

SPIRITUAL BOOK CLUB

The group will also be a spiritual bookclub and we will be reading and discussing many spiritual/holistic based books of interest to the group. The first book to be read and discussed is a beautiful book called "The Shack" by William P Long. So get it now (libraries have it too!) and read it before our first meeting on 24th January, 2010 as we will be talking about it on that night!

FIRST MEETING

The first meeting will take place on **Wednesday evening 24th January, 2010 at 7.30pm at 51 Chapel Gate, Balbriggan, Co Dublin and will go on until 10.00 pm on that night.** As part of this evening all who are coming will have read our first spiritual book called **"The Shack" by William P Young.**

During these evenings we intend to explore many spiritual practices...**Reiki, Angels, Life Coaching, Hypnotherapy, Spiritual Dance, Yoga, Spiritual Book Club, Body Sculpting Dance, Dowsing, Astrology, Craft making, Card making,** and loads of other wonderful interesting and enjoyable activities. We may decide to have Spiritual

outings to various holistic sites or some really nice coffee shops where we can enjoy each others company and have some fun too!

2010 is going to be a really wonderful year, I hope you decide to join our small group as we undertake this exciting voyage together!

**HOLISTIC BOOKSALE ON FIRST EVE 24TH JANUARY
SO BRING ANY BOOKS YOU ARE HAPPY TO SELL TO OTHER MEMBERS**

**Membership Fee: €20
€5 per eve attended
OR
DROP IN FEE OF €15 PER EVE**

**MONTHLY DONATION TO CHARITY (GROUP CHOICE)
BOOK YOUR PLACE**

PLACES ARE LIMITED TO 10 PEOPLE

TELL ALL YOUR FRIENDS TOO!

 [WEBSITE](#)