



SPIRITUAL RAYS

The Home of Reiki and Pranic Healing

21st February, 2008
Volume 1 Issue 2



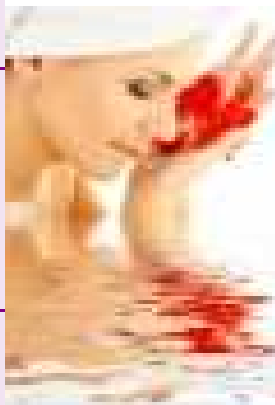
Mothers Day

*Mother's Day
A Unique & Special Gift
she will cherish!!*

Hi and welcome to this the second issue of the Spiritual Rays Newsletter of 2008. As Mother's Day approaches, we all try to think of the best present to give our Mothers whom we love so much. It is always a tough task to decide on the perfect gift for your perfect mom on Mothers Day. So I am offering you a solution to your problem— a unique and special gift! Remember your Mother is always going to appreciate your feelings behind the gift you buy. So she will always treasure a gift from some one whom she loves.

What is Pranic Healing and
how does it work?
(Pages 1& 2)

Upcoming Workshops
Angels
Reiki
Pranic Healing (Page 3)

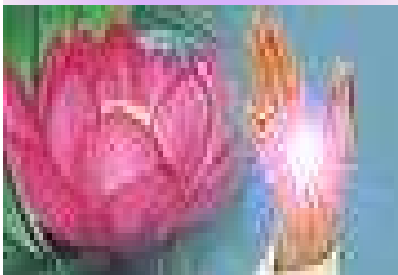


SPIRITUAL RAYS
GIFT VOUCHER
PERFECT GIFT FOR MOTHER'S DAY

*Vouchers redeemable against treatments or courses
Valid for six months*



Pranic Healing

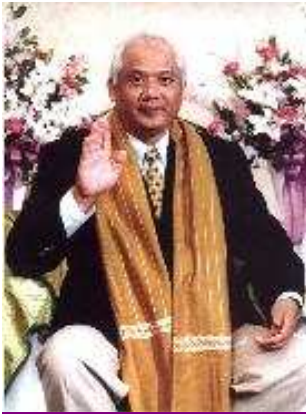


Pranic healing is an energy healing technique based on the overall structure of the human body. According to the precepts of pranic healing, our body is actually composed of two parts: the visible physical body, and the invisible energy body called the bioplasmic body or aura. The visible physical body is that part of the human body that we see, touch, and are most acquainted with.



Our aura is that invisible luminous energy body, which interpenetrates the visible physical body and extends beyond it. Traditionally, clairvoyants and energy healing practitioners call this energy body the etheric body or etheric double. Pranic healing is an ancient science and art of healing that utilizes *prana* (or *chi/ki*) or life energy and the *chakras* (energy centres) to heal.

The healing process involves the manipulation of the patient's *chakras*, *ki* and aura. (continued on page 2).....



Founder of Pranic Healing - Grand Master Choa Kok Sui

Grand Master CHOA KOK SUI, as a spiritual teacher, was a true embodiment of his teachings. His rare depth of wisdom is a result of the alchemy of his experiences as an enlightened guru, chemical engineer, philanthropist, businessman and scientist. At a very young age Grand Master CHOA KOK SUI showed keen interest in yoga, psychic phenomena, mysticism, Chinese 'chi kung' and other esoteric studies. During his development as Grand Master, he received a degree in engineering and became a successful businessman. He spent more than 20 years researching and studying esoteric sciences that have resulted in the Pranic Healing System teachings.

He taught thousands worldwide how to effectively heal themselves and others. The courses he has designed are extremely simple and yet very effective. Many of his students continue into advanced courses as they realize that his techniques are accessible, easily understood and extremely powerful and have affected tremendous positive changes in their lives.

He was not only the foremost world expert on Pranic Healing, but also in Arhatic Yoga. **On March 19th 2007 Our Beloved Grand Master Choa Sui attained "Mahasamadhi" and has ascended to higher levels and has been liberated from the physical world.'**

Mahasamadhi is "The departure of a Self-realised saint from his mortal coil'. It is a permanent super-conscious state without the limitations of incarnation.

"The state of super-consciousness where absoluteness is experienced attended with all-knowledge and joy, Oneness.'

When a Saint takes MahaSamadhi they are permanently free of the limitations of the physical body and Mahasamadhi is taken at a time of their own choosing".



How Does Pranic Healing Work?

Pranic Healing works by correcting imbalances in the energy field of the body. These imbalances are a reflection of physical, emotional and mental disorders. A pranic healer reinstates a person's physical, emotional and mental health 'without touch' by applying appropriate frequencies of energy to appropriate areas of the body.

Scientific evidence provides tangible proof of the existence of the energy body and its relation to the health and well-being of the physical body. Scientific experiments conducted by Semyon Kirlian, the eminent Russian scientist, using an ultra sensitive photographic process (now known as Kirlian photography) showed a colourful, radiant energy field surrounding the physical bodies of humans, animals and plants. Experiments in Kirlian photography have also revealed that dis-eased energies appear first in the Aura before manifesting as a physical ailment.

Pranic Healing uses three basic techniques to correct these imbalances:

- **Scanning for energy abnormalities caused by negative, used or diseased energy.**
- **Removing that energy and**
- **Replenishing it with vital energy or prana**

In this way the body's innate healing process is accelerated bringing about quick relief from many illnesses and both common and acute ailments alike,

PRANIC HEALING IS BASED ON TWO LAWS!

LAW OF SELF-RECOVERY

In general, the body is capable of healing itself at a certain rate. If a person has a wound or burn, the body will heal itself and recover within a few days to a week. In other words, even if you do not apply antibiotic on the wound or burn, the body will repair or heal itself. At the present moment, there is no medicine available for the treatment of viral infection. But even if a person has cough or cold due to viral infection, the body will recover generally in one or two weeks without medication.

Law of Life Energy

For life to exist, the body must have prana, chi or life energy. The healing process can be accelerated by increasing life energy on the affected part and on the entire body

UPCOMING WORKSHOPS



I am very excited to be introducing my new Angel Course to you. This Angel course will be run over one day from 10 am to 4 pm at my home practice. The theme of the course, is for you to meet and connect with your guardian Angels and Angels of love and light. Once you have learned how to bring Angels into your life, it will never be the same again. You will never be alone, or have to make any decisions alone again! They are wonderful messengers from God whom he has sent to help, guide and support us in every way. During the course you will do special Angel Meditations, Angel Exercises and feel totally relaxed and have good fun too.

MEET YOUR ANGELS WORKSHOP €90

Friday 14th March, 2008

(€35 non-refundable deposit secure place) Book early to avoid disappointment.

This course would also be a lovely gift to a family member or friend who has an interest in Angels and would like to know more about them or who is going through a bad time and needs some support....Angels are a tremendous support for us in all areas of our lives.

IF YOU GET A FRIEND TO BOOK WITH YOU, YOU WILL RECEIVE A GIFT VOUCHER FOR 20% OFF AN ANGEL HEALING TREATMENT! THIS IS AN INTRODUCTORY SPECIAL OFFER!

Reiki Level I Workshop - Self Healing Level €250

Healing yourself - Reiki is the most beautiful gift you will ever give yourself

Course Content

- * Reiki principles.
- * Healing Angels
- * Grounding.
- * Introduction to chakra system
- * Reiki history.
- * Reiki I Attunement
- * Partake in meditations
- * Hand positions for healing.
- * Cleansing the environment you are working in.
- * Practical time to give and receive Reiki.
- * Receive guidelines on healing others.
- * Clearing your aura and energy field.
- * Spiritual and psychic protection.
- * Receive a detailed manual

Reiki I Workshop - Self Healing Level €250 29th / 30th March, 2008

Reiki II Workshop - Practitioner Level €350 12th/13th April, 2008

To book your place on this or any workshop

Contact me on 087 - 2490972 or info@spiritualrays.com



BASIC & ADVANCED PRANIC HEALING WORKSHOPS

These workshops are run in Dublin and Mayo regularly.

If you are interested in attending Pranic Healing workshops

please contact me at 087-2490972 or

Lulu Hynes at (094) 9023255; Mobile: (087) 637 6401 : E-mail: luluh@eircom.net

Master Danny from the Philipines will visit Ireland in 11th – 13th April 2008 to teach the Higher Pranic Healing Courses of:

PRANIC PSYCHOTHERAPY

CRYSTAL PRANIC HEALING

You must have completed the Basic & Advanced workshops before you can take higher courses.



The start of my Spiritual Journey



My spiritual path started before I was born, as it does for all of us. But consciously, I began my search for spirituality in this world at a time in my life when I needed it most. A sister guided me to Reiki, she said it would bring peace and calm into my life. I had never heard of Reiki but trusted my sister knew what she spoke of as she found it had helped her a lot on her journey. I went to my first ever spiritual workshop, Reiki Level 1 and was completely unaware of what to expect or what I would experience. There was a small group of people in the class, all of whom it seemed were looking for similar things to me from the workshop. One or two were more informed spiritually than me but that didn't matter at all. The weekend is one that will always stay with me, for the first time ever, I had sat in a room with other people and felt completely relaxed even though these people were strangers and I was quite shy with people I didn't know.

The Reiki Initiation was very powerful, my whole body tingled and I felt totally connected to my Source— God, I felt so safe and loved and supported as if He was holding me in His arms. I didn't want it to end, to open my eyes and return to join the others in the room, but of course that is what I had to do. It was an experience I will never forget, and this one course opened up a whole new world, one where I felt safe and supported. Through Reiki, I was empowered to connect to Source any time I wished or needed to. What a wonderful gift to yourself and one that you have with you for life. Over the years I was drawn to continue training in Reiki and became a Reiki Master/Teacher in 2004. I am delighted to be able to pass on the wonderful gift of Reiki to all those who like me wish to invite it into their lives. In 2007 I trained my first two Master/Teachers whom I know will carry the Light further in the world. It is a great honour to be able to play my part in increasing the Light of Source in the world.

In Good Faith - So Be it. Namaste



Upcoming Angel Workshop - 14th March 2008

Spend a Day with your Angels

Learn how to connect and receive guidance from your Angels

For more information contact 087 - 2490972

See information on page 3