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Spiritual Rays March 2010 Newsletter **Past Life Regression & How it Can Help You!**

It is difficult sometimes to know what we are really here to achieve. I know I wonder sometimes, what it was that I agreed to incarnate in this life to do. In other words, what is my life purpose. I have spent many long hours thinking about this over the years and it is only when I started to open doors into the world of spirituality that I began to realise exactly why I am here now.

I have learned many things in my day but by far the most amazing thing that I have come to realise is this.....we all have a life purpose, and we agreed to it before we reincarnated this time around!

I know my life purpose is to help others through the various types of healing work that I do, and the reason I know that is because I have experienced some of my past lives. In many previous lives I was also a healer and that is why I know that my healing work is my life purpose. I just explore new healing modalities in different lives and each time I help different people in their life path. It is a truly wonderful and powerful thing to know what it is you are here to do!

Without the experience of past lives I would still be trying to make sense of what it is I am here to do in this life. The wealth of knowledge that I have gleaned from my past lives has helped me to understand myself more, why I react to certain people and things in the way that I do and also it has helped me tremendously to make sense of the things that have happened to me in this life also.

Armed with the knowledge that I have learned about my past lives, I know why I am in the family that I was born into in this life, why each



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17th & 18th April, 2010
10 - 5pm both days
Special Price: €450
Discount of €50 on full price.

NEW WORKSHOP
Reiki REFRESHER Workshops
ALL Levels

1 Day Refresher courses Available now for all Reiki Levels.
Run on demand

Only €90 per day!

These courses are aimed at people who have completed a Reiki Workshop but either never worked with the energy afterwards, or haven't worked with Reiki for some time and would like a refresher course in a particular level of Reiki.

If this is you, or a friend then please get in touch and I will be delighted to run a one day refresher course especially for you. **Full manual provided.**

2012 & Beyond

What do you know about this special time that we are living in and that is to come? Are you ready for ascension? How can you prepare for this wonderful and unique time in the history of the planet?

If the answers to these questions interest

one of my family are together in this life and what lessons we have to teach and learn from each other. This makes my life easier, as each lesson I receive and that I give will be much more profound now that I am aware of them.

I already have qualified with a Certificate in Past Life Regression from IPLTR (Institute of Past Life Therapy & Research) in Cork, and from the TASSO Institute in the Netherlands, and I am continuing my studies for a Diploma in PLR with the Institute at the moment. This is a truly fascinating field of study and one which has explained more to me about my life and helped me to help so many other people also to make sense of and heal issues in their lives.

Most of the issues you are experiencing difficulty with in your current life can be traced back to a past life, and through the medium of PLR you can learn why this issue is in your current life and release the need to continue carrying it with you. By regressing to a previous life you will gain the understanding and healing you need to release the issue from your current life. Sometimes also, we leave parts of our energy behind in a previous life, and this can be retrieved by regressing and doing retrieval work on your soul (soul retrieval sessions) which makes us complete once more. The application of this work to our current life issues is endless and the results are truly astounding.

This is a truly powerful therapy and one which I know I will work with for many years to come, as it allows me to help others to shed the light gleaned in their past onto issues which pertain now in their lives. Without the benefit of the insights from our past we really can't make sense of now.... because it is only by searching through our life experience that we learn the lessons that will help us to improve our lives in the future!

I offer PLR sessions at my holistic practice now and the experiences have been life changing for the clients who have undergone this therapy.

If you would like to book a PLR session with me

you in any way, then you will enjoy this one day course which will provide you with the information you need to be ready for this special time in our history!

Day course

€80

10-5pm

3rd April, 2010

Spirits Monthly

Join our spiritual group

We meet on the last Wednesday evening of each month. We discuss the book of the month, do meditation, spiritual exercises, healing, outings to places of spiritual interest, having fun and much more....

Annual Membership €20

Monthly Fee: €5 - Donation to Charity

A unique opportunity to spend time talking about spiritual matters with like minded people who understand what you are talking about and who are interested in learning and sharing spiritual knowledge and making new friends.

just give me a call on 0877641818 or visit my
website and book online on
www.spiritualrays.com.

**YOU CAN LEARN FROM YOUR PAST, &
CHOOSE A BETTER FUTURE NOW!**



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